

SPRING 2015

Athletic Accomplishments

Denbigh High School

BASEBALL

Jason Setliff	1 st Team All-Conference 18 (2B)
Cameron Ochsenfeld	1 st Team All-Conference 18 (3B)
Aaron Wray	1 st Team All-Conference 18 (C)
Matt Arceo	1 st Team All-Conference 18 (OF)
Shane Arceo	2 nd Team All-Conference 18 (SS)
Adam Gately	Honorable Mention All-Conference 18

SOFTBALL

Jennifer Whittington	Honorable Mention All-Conference 18
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BOYS SOCCER

Irvin Sanchez	1 st Team All-Conference 18 (Defense)
Elcor Castillo	All-Region 4A South (Forward)
	1 st Team All-Conference 18 (Forward)
	Conference 18 Play of the Year (Forward)
Matt Holden	1 st Team All-Conference 18 (Forward)

GIRLS SOCCER

Brittney Dosier	2 nd Team All-Conference 18 (Forward)
Camiris Hooker	Honorable Mention All-Conference 18

BOYS TENNIS

Josh Ramey	1 st Team All-Conference 18
Donovan Calupitan	1 st Team All-Conference 18

Heritage High School

BASEBALL

Darious Giles	2 nd Team All-Conference 18 (C)
Jaylon Lee	2 nd Team All-Conference 18 (OF)
Dajon Jones	Honorable Mention All-Conference 18
Ashley Harrell	Honorable Mention Conference 18

SOFTBALL

Lesa Terry	2 nd Team All-Conference 18 (UT)
Alexis Tynes	2 nd Team All-Conference 18 (IF)
Keyora Hill	2 nd Team All-Conference 18 (OF)
Trinity Mitchell	2 nd Team All-Conference 18 (C)
Carissa Allen	Honorable Mention All-Conference 18

BOYS SOCCER

Nizere Bailey	Honorable Mention All-Region 4A South (Defense)
	1 st Team All-Conference 18 (Defense)
Khari Greene	Honorable Mention All-Region 4A South (Midfield)
	1 st Team All-Conference 18 (Midfield)
Steve Hux	2 nd Team All-Region 4A South (Forward)
	1 st Team All-Conference 18 (Forward)
Saturday Chea	2 nd Team All-Conference 18 (Midfield)
Stanley Jegbah	2 nd Team All-Conference 18 (Midfield)
Roy Johnson III	2 nd Team All-Conference 18 (Forward)
Tyrone Hodges	Honorable Mention All-Conference 18

GIRLS SOCCER

Lanelle Farmer	2 nd Team All-Conference 18 (Defense)
Amari Holmes	2 nd Team All-Conference 18 (Midfield)
Amari Vaughan	Honorable Mention All-Conference 18 (Goalkeeper)

BOYS TENNIS

Jonathan Holloway	2 nd Team All-Conference 18 (Singles)
	2 nd Team All-Conference 18 (Doubles)
Jacory Waller	2 nd Team All-Conference 18 (Doubles)
James Kennedy	2 nd Team All-Conference 18 (Doubles)
Jalen Jordan	2 nd Team All-Conference 18 (Doubles)

GIRLS TENNIS

Curtia Fenner	2 nd Team All-Conference 18 (Singles)
	1 st Team All-Conference 18 (Doubles)
Janeen Graves	1 st Team All-Conference 18 (Doubles)

Menchville High School

BASEBALL

Jared West	1 st Team All-Conference 10 (P)
Clint Stroble	1 st Team All-Conference 10 (C)
Ryan Webster	1 st Team All-Conference 10 (1B)
Connor McCarthy	1 st Team All-Conference 10 (OF)
Sean Collins	1 st Team All-Conference 10 (DH)
Hayden Storms	2 nd Team All-Conference 10 (OF)

SOFTBALL

Trinity Sterrett	1 st Team All-Conference 10 (2B)
Mary Blake Avery	2 nd Team All-Conference 10 (UT)
Leslie Whiting	2 nd Team All-Conference 10 (3B)

BOYS SOCCER

Jesse Meyer	1 st Team All-Conference 10 (Forward)
Daniel Deanhofer	1 st Team All-Conference 10 (Midfield)
Giovanni Zagursky	2 nd Team All-Conference 10 (Forward)
Bryce Fail	2 nd Team All-Conference 10 (Midfield)
Brad Malarkey	2 nd Team All-Conference 10 (Defense)

GIRLS SOCCER

Gillian Niesel	1 st Team All-Conference 10 (Forward)
Nelia Perez	1 st Team All-Conference 10 (Midfield)
Tori Browne	1 st Team All-Region 5A South (Defense)
	Conference 10 Player of the Year (Defense)
	1 st Team All-Conference 10 (Defense)
Helen McDowell	2 nd Team All-Conference 10 (Midfield)
Ashley Claiborne	2 nd Team All-Conference 10 (Midfield)
Danielle Gurnicke	2 nd Team All-Conference 10 (Defense)
Samantha Bruce	2 nd Team All-Conference 10 (Goalkeeper)

NEWPORT NEWS



PUBLIC SCHOOLS

Menchville High School (cont.)

BOYS TENNIS

2015 Conference 10 Team Champions

Matt Strehle	Peninsula Sports Club Boys Tennis Player of the Year Conference 10 Singles Champion 1 st Team All-Conference 10 (Singles) Conference 10 Doubles Champion 1 st Team All-Conference 10 (Doubles)
Austen Delnicki	Conference 10 Doubles Champion 1 st Team All-Conference 10 (Singles) 1 st Team All-Conference 10 (Doubles)

Warwick High School

BASEBALL

Mike Delgado	1 st Team All-Conference 10 (2B)
Tyrese Ruff	2 nd Team All-Conference 10 (1B)
Triston Stuples-Watson	2 nd Team All-Conference 10 (OF)

SOFTBALL

Megan Vick	1 st Team All-Conference 10 (1B)
Ashley Bengé	2 nd Team All-Conference 10 (SS)
Megan Dawson	2 nd Team All-Conference 10 (2B)
Janae Hester	2 nd Team All-Conference 10 (OF)
Emily May	2 nd Team All-Conference 10 (OF)
Emily Salsberry	2 nd Team All-Conference 10 (P)
Angel Sledge	2 nd Team All-Conference 10 (DP-Flex)
Dalika Wallace	2 nd Team All-Conference 10 (C)

BOYS SOCCER

Christian Murphy	2 nd Team All-Region 5A South (Forward) 1 st Team All-Conference 10 (Forward)
Andrew Smith	1 st Team All-Conference 10 (Midfield)
Spencer Cobb	2 nd Team All-Conference 10 (Defense)
Clive Forbes	2 nd Team All-Conference 10 (Forward)
Ben Grau	2 nd Team All-Conference 10 (Midfield)
Zachary Shipman	Honorable Mention All-Conference 10

GIRLS SOCCER

Sienna Grau	1 st Team All-Conference 10 (Midfield)
Megan Gravett	1 st Team All-Conference 10 (Forward)
Haille Hatter	2 nd Team All-Conference 10 (Defense)
Katherine Plucinski	2 nd Team All-Conference 10 (Midfield)
Patricia Ward	2 nd Team All-Conference (Forward)
Hallie Lavery	Honorable Mention All-Conference 10
Catherine Perry	Conference 10 Coach of the Year

GIRLS TENNIS

Pearl Ham	Conference 10 Doubles Runner-Up
Casey Williams	Conference 10 Doubles Runner-Up

BOYS TRACK

Pryce Powell	1 st Place High Jump - Conference 10 2 nd Place 4 x 400m Relay - Conference 10
Niles Howell	2 nd Place 4 x 400m Relay - Conference 10

Caleb Rowles	2 nd Place 4 x 400m Relay - Conference 10
Lyndell Williams	2 nd Place 4 x 400 Relay - Conference 10 2 nd Place 4 x 800m Relay - Conference 10 3 rd Place 400m Dash - Conference 10
Darrien Overton	2 nd Place 4 x 800m Relay - Conference 10
Caleb Rowles	2 nd Place 4 x 800m Relay - Conference 10
Isiah Stevens	2 nd Place 4 x 800m Relay - Conference 10

Woodside High School

BASEBALL

Mason Adamson	2 nd Team All-Region 6A South (UT) 1 st Team All-Conference 2 (UT) 1 st Team All-Conference 2 (P) 2 nd Team All-Conference 2 (DH) Peninsula Sports Club Baseball Player of the Year (3B) 1 st Team All-Conference 2 (3B)
Drew Moyer	2 nd Team All-Conference 2 (C) 2 nd Team All-Conference 2 (OF)
Seth Woodard	
Chris Henley	
Zach Saunders	

SOFTBALL

Logan Walkosz	1 st Team All-Conference 2 (UT)
Savannah Murray	2 nd Team All-Conference 2 (C)
Nijah McCray	2 nd Team All-Conference 2 (OF)

BOYS SOCCER

Marco Puentes	1 st Team All-Conference 2 (Forward)
Scott Signorelli	2 nd Team All-Conference 2 (Midfield)
Evan Winters	2 nd Team All-Conference 2 (Midfield)

GIRLS SOCCER

Reese Degnan	2 nd Team All-Conference 2 (Forward)
Caroline Copeland	2 nd Team All-Conference 2 (Defense)
Sara Brewington	2 nd Team All-Conference 2 (Midfield)
Katherine Sanchez	2 nd Team All-Conference 2 (Defense)

GIRLS TENNIS

Tiarra Johnson	1 st Team All-Conference 2 (Singles) 1 st Team All-Conference 2 (Doubles)
Kayla Cook	1 st Team All-Conference 2 (Doubles)

GIRLS TRACK

Tasia Nelson	1 st Place 200m Dash - Conference 2 2 nd Place 100m Dash - Conference 2 1 st Place 4 x 100m Dash - Conference 2
Damoni Neal	1 st Place 4 x 100m Dash - Conference 2
Camisha Holmes	1 st Place 4 x 100m Dash - Conference 2
Yazmin Benson	1 st Place 4 x 100m Dash - Conference 2
Tia Nichols	2 nd Place Shot Put - Conference 2

