### Menu for June 2019

**Breakfast Benefit Bars**
- Juice-Fruit-Milk

**Raspberry Crème Bar**
- Juice-Fruit-Milk

**Cinnabar**
- Juice-Fruit-Milk

**Chicken Biscuit**
- Juice-Fruit-Milk

**Breakfast at School**
For First-class Learning!

**GET IN THE SWIM.**

Spending a few hours or a day at a pool or on the beach is what summer is all about! It’s fun, relaxing, and great exercise – a triple benefit for anyone’s wellness! So have fun around the water this summer, but please wear sunscreen and BE SAFE. Whether you’re swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don’t ever swim alone.

**First things First**

Choose at least ONE serving of FRUIT and at least THREE items TOTAL so your meal counts as a Complete Breakfast!

**Wellness is a Way of Life!**

EAT BETTER, PLAY HARDER, LIVE HEALTHIER, LEARN EASIER.

** HAVE A GREAT SUMMER!**

Thanks for eating with us this year. We look forward to seeing you when school starts up again!
**Salad Choice of the Day**

<table>
<thead>
<tr>
<th>Day</th>
<th>Salad Choice of the Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Chef Salad*</td>
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<tr>
<td>Tuesday</td>
<td>Country Chicken Salad</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Southwestern Chicken Salad</td>
</tr>
<tr>
<td>Thursday</td>
<td>Chef Salad*</td>
</tr>
<tr>
<td>Friday</td>
<td>Country Chicken Salad</td>
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**Featured Specials of the Day**

<table>
<thead>
<tr>
<th>Day</th>
<th>Specials of the Day</th>
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<tbody>
<tr>
<td>Monday, June 10</td>
<td>Cheesy Breadsticks, Chicken &amp; Gravy over Rice w/Roll, Meatball Sub, Sweet Potato Waffle Fries, Green Beans, Diced Pears, Fresh Fruit</td>
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<tr>
<td>Tuesday, June 11</td>
<td>Teriyaki Chicken Bowl w/Roll, Mozzarella Cheese Sticks, Spicy Chicken Patty on Bun, Corn, Broccoli, Mixed Fruit Cup, Fresh Fruit</td>
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<tr>
<td>Wednesday, June 12</td>
<td>Pizza Quesadilla, Chicken Fajita with Onions and Peppers, Calzones, Refried Beans, Spinach, Sliced Peaches, Fresh Fruit</td>
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<tr>
<td>Thursday, June 13</td>
<td>No Lunch Served</td>
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**Manager’s Choice**

<table>
<thead>
<tr>
<th>Day</th>
<th>Choice</th>
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</thead>
<tbody>
<tr>
<td>Friday, June 14</td>
<td>No Lunch Served</td>
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</tbody>
</table>

**Available Daily**

- PB&J Uncrustable
- Deli Subs and Wraps
- Baby Carrots
- Apple Slices
- 1 cup of Garden Salad
- Yogurt Parfait
- Yogurt, String Cheese & Cheez-its
- Fat Free Chocolate, Strawberry
- White Skim Milk and 1% White Milk
- Juice (Tues. & Thurs.)

*Menu item contains pork
Students may take 2 Vegetables & 1 Fruit

**Congratulations and best of luck to all members of the Class of 2019**

We’ll look forward to seeing (and serving!) the rest of you again next fall.
Thanks for your business this year!