



VIRTUAL LEARNING *Academy*

OCTOBER



2023



FROM THE PRINCIPAL'S DESK

We are off to a great start this school year. I hope everyone is enjoying the Fall weather we are experiencing this week. I love the Fall weather just as much as seeing all of our students on our Student Support Wednesdays. It is truly a wonderful experience to see students engaged with great hands-on learning and reading in class. Please make sure that your child is completing their Lexia reading comprehension work every day.(25 minutes) Literacy is the foundation of student success as we build our vocabulary and characteristics of what we read.

Attendance Matters. Please make sure that your child is logging on during the week and attending the Mandatory Wednesday Support Days. All assessments are required, so please check our testing calendar for updates. Please complete the Federal Survey Cards and return them before Friday, October 10th. I look forward to seeing you on Conference Night on October 18th from 4pm-7 pm. Our VLA/PO Family Paint Night will be held on November 6th . (in-person/virtual) This event was a lot of fun last year and I am excited to have it again.

October is Bullying Prevention Month and we are taking a STAND against bullying at the VLA. We will continue to provide a safe and secure learning environment here at the VLA.

Thank you for your continued support at the best school in the Commonwealth...the VLA.

COUNSELING CORNER

October is Bullying Prevention Month! Our October social-emotional learning (SEL) theme focuses on emotional regulation and responsible decision-making, tying into our students' anti-bullying pledge! Helping our students understand and manage their emotions is crucial in developing healthy coping strategies and stress management skills. Through activities like mindfulness practices and conflict resolution exercises, we aim to equip our students with the tools they can use to navigate challenges and make thoughtful choices in their actions and interactions with others.

If you have any questions or concerns, please reach out to the Elementary and Middle School Counselor, Mrs. Horrigan at leah.horrigansmith@nn.k12.va.us. Happy October!

ON THE CALENDAR

- Oct. 13: Federal Survey Cards due
- Oct. 16-19: VS Spirit Week (see page 4)
- Oct. 18: Elem. Conference Night (4-7pm)
- Oct. 20: No school
- Nov. 6: End of first quarter
- Nov. 6: Family Paint Night



CONGRATULATIONS

**STUDENTS
OF THE
MONTH!**

**Sophia Funkhouser
Alecia Lamm**

NEWPORT NEWS PUBLIC SCHOOLS
VIRTUAL LEARNING
Academy

Lexia Core5 Leaderboard

MINUTES

UNITS GAINED

Emil Wata

Sizemore

Lubabah Almamun

Joseph Sawyer

Brantley

Navari Wright

Christina Davis

Daniel

Charlie Walker

Amya Cabell

Haas

Sophia Funkhouser

September 2023

REMINDERS:

- Wednesday in-person attendance is required.
- Attendance is taken on Zoom M/Tu/Th/F. Be on time and ready to LEARN!



- Join our newly founded Point Option & VLA PTSA! Scan the QR code or visit the link for more information.



tinyurl.com/vlapoptsafler

VLA @ POINT OPTION
813 DILIGENCE DR #100
NEWPORT NEWS, VA 23606
PHONE: (757) 591-7408
NNSCHOOLS.ORG/VLA

FOLLOW US ON SOCIAL MEDIA!
@POINTOPTIONNPS
(FACEBOOK, TWITTER, AND INSTAGRAM)



POINT OPTION & THE VLA



SPIRIT WEEK | 2023

OCT
16

MUSICIANS
VS. ATHLETES



Barbie
VS. Ken



OCT
17

OCT
18

STRIPES VS.
TIE DYE



TWINS VS.
OPPOSITES

OCT
19

THERE WILL BE A VARIETY OF PRIZES
FOR THOSE THAT PARTICIPATE.