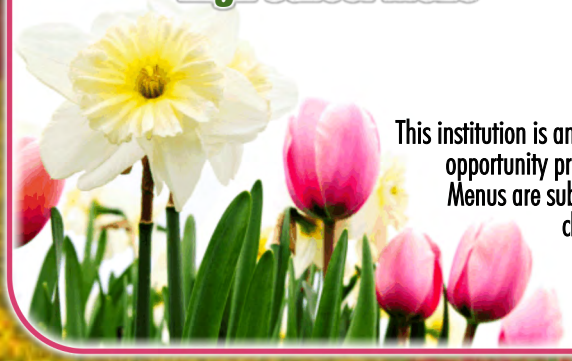
Menus for April 2024

Newport News Public Schools High School Menu



This institution is an equal opportunity provider. Menus are subject to change.

Breakfast Items

Monday
Bake Crafters Waffle Sandwich
Smoothie w/Muffin

Tuesday
Blueberry Muffin
Bacon Breakfast Pocket*

Wednesday
French Toast Sticks
Zee Zee's Smore Breakfast Bar

Thursday
Mini Pancakes
Dunkin Stick

Friday
Chicken Biscuit
Benefit Bar

Featured Specials of the Day

Tueday, April 9
Teriyaki Chicken Bowl w/Fried Rice & Roll OR
Stromboli* OR
Spicy Chicken Patty on Bun
Corn, Broccoli
Peach Cup

Wednesday, April 10
Nachos w/Roll OR
Sal's Pizza OR
Boneless Chicken Wings w/Roll
Refried Beans, Roasted Carrot Sticks
Pear Cup

Thursday, April 11
Roasted Chicken Leg w/ Muffin OR
Pizza Crunchers OR
Beef Hot Dog on Bun w/Chili & Cheese
Mashed Potatoes w/Gravy, Baked Beans
Mandarin Orange Cup

Friday, April 12
Crispy Chicken Patty on Bun OR
Bacon Cheeseburger* OR
Garlic French Bread
French Fries, Mixed Vegetables
Mixed Berry Cup

Now Appearing . . .

SPRING BREAK!

SPECIAL LIMITED ENGAGEMENT!

Break begins at the end of classes:
Friday, March 29

Classes resume:
Tuesday, April 9

Salad of the Day

Monday-Chef's Salad* w/Garlic Knot
Tues-Country Chicken Salad w/Crackers
Wed-Southwestern Chicken Salad w/Cornbread Muffin
Thurs-BLT* Salad* w/Garlic Stick
Fri-Hawaiian Chicken Salad w/Lemon Bread

Our Nation's History

The Pony Express debuted on April 3, 1860 when a rider left St. Joseph, Missouri with mail destined for Sacramento, California. Previously, mail had to travel from the East to the Golden State by slow stagecoaches, or by boat all the way around South America. But by swapping horses every 10 miles, changing riders every 100, and riding 24 hours a day, non-stop, the Pony Express could deliver the mail in just 10 days! The operation didn't last long – soon enough, the transcontinental telegraph could deliver short messages almost instantaneously, and larger mail could be transported cross-country by train.

With Liberty & Justice for All

Available Daily

Breakfast Daily

Cereal/Banana Bread/Cereal Bars

Lunch Daily

Deli Subs & Wraps
PB&J Uncrustable
Yogurt Parfaits
Yogurt w/String Cheese & Cheez-its
1 Cup of Garden Salad-Baby Carrots
Fresh Fruit-Juice
Fat Free Chocolate, Skim Milk
And 1% White Milk

Student may take 2 Veg and 2 Fruit
****Menu item may contain pork***

Featured Specials of the Day

Monday, April 15
Corndog Nuggets OR Pizza Quesadilla
OR Chicken Thigh or Leg w/Garlic Stick
Potatoes Au gratin, Green Beans, Applesauce Cup

Tuesday, April 16
Sal's Pizza OR Chicken Nuggets w/Roll OR
Chicken Fajita w/Onions & Peppers
Corn, Spinach, Pineapple Cup

Wednesday, April 17
Walking Nachos OR Beef Sliders
OR Crispy Chicken Patty on Bun
Fiesta Black Beans
Roasted Butternut Squash, Mixed Fruit Cup

Thursday, April 18
Buffalo Chicken Tot Bake w/Garlic Stick OR Pretzel Dog
OR Cheese Stuffed Bread Sticks
Broccoli, Tomato Soup, Peach Cup

Friday, April 19
Bar-B-Que Plate w/Cornbread Poppers OR
Mozzarella Cheese Sticks OR Chicken & Waffles
Cole Slaw, French Fries, Pear Cup

Please see other side for Breakfast Items

Featured Specials of the Day

Monday, April 22
Stuffed Crust Pizza OR Fiesta Hot Pocket OR
Spaghetti w/Meat Sauce & Roll
Broccoli, Sweet Potatoes, Mandarin Orange Cup

Tuesday, April 23
Popcorn Chicken Bowl w/Roll OR
Pizza Calzone OR Corndog Nuggets
Mashed Potatoes w/Gravy, Corn, Dole Fruit Cup

Wednesday, April 24
Bacon Cheeseburger* OR Pizza Crunchers OR
Chicken Wings w/Cornbread Muffins
Onion Ring & Hash Brown, Baked Beans
Applesauce Cup

Thursday, April 25
Beef/Cheese Taco OR Spicy Chicken Patty on Bun OR
Breakfast for Lunch* w/Apple Cinnamon Texas Toast
Hash Browns, Collard Greens, Spiced Apples

Friday, April 26
Buffalo Chicken Dip w/Tostito Bag OR Individual Pizza Pie
OR Chicken Parmesan w/Garlic Stick
Steamed Cabbage, French Fries, Pineapple Cup

Monday, April 29
Chicken & Gravy over Rice w/Roll OR
Buffalo Chicken Pizza OR Meatball Sub
Sweet Potato Waffle Fries, Green Peas
Dole Fruit Cup

Tuesday, April 30
Teriyaki Chicken Bowl w/Fried Rice & Roll OR
Stromboli* OR spicy Chicken Patty on Bun
Corn, Broccoli
Peach Cup

EARTH DAY APRIL 22