# Resource List: Mental Health Services & Other Community Resources for Students and Families



Newport News Public Schools
Edited by
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Newport News Public Schools School Social Work Services
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# **Counseling/ Mental Health Services**

**Listing of group practices website:** <a href="www.healthgrades.com/group-directory/virginia-va/newport-news">www.healthgrades.com/group-directory/virginia-va/newport-news</a>

Alphabetically provides (incomplete) listing of local group medical practices.

 $\textbf{\textit{Resource finder}} \text{ -} \underline{\text{http://gwcac.va.networkofcare.org/mh/services/index.aspx}}$ 

From the *Greater Williamsburg Child Assessment Center* 

# **ACCESS (AIDS Care Center for Education and Support Services)**

757-722-5511

218 S. Armistead Avenue

Hampton VA 23669

Services: Variety of services to children living with HIV/AIDS and their families.

www.accessaids.org

# Agape Counseling and Therapeutic Services, Inc.

757-244-3500

3221 Commander Shepard Blvd.

Hampton VA 23666

www.agapecounselingva.com

*Services*: Therapeutic day treatment, in-home counseling, family/individual counseling, therapeutic foster care, geriatric services.

# Alpha Counsellors Service, Inc.

757-262-2094

1503 Hardy Cash Drive

Hampton VA 23666

http://www.alphacounsellors.com/index.html

*Services*: Therapeutic day program for children, in-home counseling, mentoring, fitness, nutrition, and substance abuse. Sex offender therapy is also offered.

#### **Associated Counselors of Tidewater, Inc.**

757-490-6960

10 Basil Sawyer Dr. Ste. A

Hampton VA 23666

www.acttherapy.org

Services: Individual/couples/family/group therapy, hypnotherapy; ages 2 years to adult

#### **Art of Wellness Counseling**

757-504-1991

Shiela Fallon, LPC, ATR-BC (Board Certified Art Therapist)

753 Thimble Shoals Boulevard, Suite 2A

Newport News, VA 23606

artofwellnesscounseling@gmail.com

#### Avalon - A Center for Women & Children

757-258-5022

24-hour hotline: 757-258-5051

http://avaloncenter.org/

Services: Domestic violence counseling, support, and shelter

#### **Bacon Street**

757-253-0111 247 McLaws Circle

Williamsburg VA 23185

www.baconstreet.org

Services: Adolescent substance abuse, prevention, and treatment programs

## **Behavioral Medicine Institute (BMI)**

757-872-8303

802 Lockwood Ave. Ste. B

Newport News VA 23602

www.behavioralmedicineinstitute.com

*Services*: For patients 17 and older; Cognitive-behavioral therapy, hypnosis, biofeedback, as well as traditional counseling services.

# **Center for Child & Family Services**

757-838-1960

2021 Cunningham Dr. Ste. 400

Hampton VA 23666

www.kidsandfamilies.com

<u>Services of note</u>: Safe Harbor-supervised visitation center, **Latino Outreach, Peaceful Choices** (domestic violence intervention, shoplifting prevention, anger management), & financial counseling.

#### **Christian Psychotherapy Services**

757-873-0735

11838 Rock Landing II #145

Newport News VA 23606

www.christianpsychotherapy.com

Services: Individual, couples, family therapy; children through adults

#### **Clinical Associates of Tidewater**

757-877-7700

12695 McManus Blvd., Bldg. 8

Newport News VA 23602

www.catnn.com

*Services:* Psychological evaluations, psychiatric evaluations, and counseling for children through adults

# Coastal Medical & Psychiatric Services, Inc.

757-223-7098 or 757-310-6900

712 Mobjack Place

Newport News VA 23606

E-mail: info@coastalmedandpsych.com

Services: Individual, family, and group therapy and medication management

# Colonial Psychiatric Associates LLC

757-873-1958 708 Mobjack Pl Newport News VA 23606

(The **Counseling Center** no longer offers the services it had in the past. It now works primarily through the courts; therefore it has been removed from this listing.)

# **Draa S. Thompson and Associates**

757-898-9025

7621 George Washington Memorial Highway, Ste. C

Yorktown VA 23692

http://draathompsonandassociates.com/

*Services:* Individual and family therapy, specializing in family issues (divorce, custody, co-parenting), adolescent court issues, depression, trauma, and chronic pain

# Family & Youth Foundations Counseling Services & Parallel Behavior Services

757-380-0385

3001 W. Mercury Blvd.

Hampton VA 23666

http://www.fyfcounselingservices.com/

Services: Family counseling, in-home therapy, therapeutic day treatment, "Call Dad" program

*Programs of note:* Call Dad (founded by Leon Sankofa) - 877-321-DADS –Assists non-custodial fathers in becoming more active in their children's lives. http://www.nationalcalldad.com/

#### Hampton/Newport News Community Services Board (H/NN CSB)

757-788-0600 / 788-0996 (for 18 years+)

300 Medical Dr.

Hampton VA 23666

www.hnncsb.org

Services: Child, adolescent, adult case management, recovery services, jail and court services, emergency services, housing and transportation assistance, VICAP, and Wounded Warriors program

# **Hampton Roads Counseling Center**

757-877-9140

6515 George Washington Memorial Highway, Ste. 100

Yorktown VA 23692

http://hamptonroadscounseling.net/

Services: Child, adolescent, adult, and geriatric therapy, individual, couples, and family therapy, medication management

#### **Inner Circle Inc.**

P: 757-644-3989 F:866-813-7798

2204 Executive Drive, Suite A

Hampton, VA 23666

http://www.innercircle-va.org/

*Services:* Individual and family counseling, substance abuse treatment, case management, independent living skills, and academic supports.

# KidzN Grief Support Group

757-737-2287

https://bonsecours.com/hampton-roads/our-services/bereavement-center/kidz-n-grief

*Services:* Support group for youth aged 3-18 and their parent/caregivers. *Contact Beth Pile to register* for this **free** group, running Sept. through June, 2<sup>nd</sup> & 4<sup>th</sup> Mondays

#### **National Alliance for the Mentally Ill**

757-817-2960

Mailing address: 110 A Medical Drive, Hampton VA 23666

http://www.namihptnn.org/

Services: Provides a variety of support groups for individuals with mental illness and

their families. (E.g., veterans, family to family, peer to peer)

#### **National Counseling Group**

757-240-5595

733 Thimble Shoals Blvd. Ste. 170

Newport News VA 23606

http://ncgcommunity.com/

Services: Individual/family counseling, in-home services, therapeutic day treatment (TDT)

# **New Horizons Family Counseling Center**

757-221-2363 FAX: 757-221-1983

http://education.wm.edu/centers/newhorizons/index.php

Referral form: <a href="http://education.wm.edu/centers/newhorizons/resources/referral/index.php">http://education.wm.edu/centers/newhorizons/resources/referral/index.php</a>
It must be mailed <a href="https://education.wm.edu/centers/newhorizons/resources/referral/index.php">https://education.wm.edu/centers/newhorizons/resources/referral/index.php</a>
It must be mailed <a href="https://education.wm.edu/centers/newhorizons

# Pathways Developmental Services, Inc.

757-240-4840

9286 A Warwick Boulevard

Newport News VA 23607

www.gopathwaysdsinc.com

Services: Individual/couples/family counseling, in-home services, support groups

# **Peninsula Pastoral Counseling Center**

757-873-2273

707 Gum Rock Ct.

Newport News VA 23606

http://www.peninsulapastoral.org/

Services: Individual/couples/family counseling for children through adults

#### **Riverside Behavioral Health Center**

757-827-1001 800-759-1001

2244 Executive Dr.

Hampton VA 23666

http://www.riversideonline.com/rbhc/index.cfm

*Services:* Inpatient child, adolescent, and adult services, adolescent residential services, and outpatient services (including medication evaluations and management, child and adolescent counseling, family counseling, art and play therapy, and substance abuse services)

# **Rock Landing Psychological Group PLC**

757-873-1736

11825 Rock Landing Dr. / The James Bldg.

Newport News VA 23606

www.rocklandingtherapy.com

Services: Psychotherapeutic services to children, adolescents, adults, couples and families

#### Serenity, Courage & Wisdom Counseling Services

Ameka Lee-Graham, LCSW

757-778-3012

2211 Todds Lane

Hampton VA 23666

ameka@serenitycouragewisdomcounseling.com

*Services:* Counseling services for individuals, couples, and families regarding issues to include family conflict, anger management, and domestic violence, sexual identity, grief, career counseling, etc.

#### Therapeutic Interventions, Inc.

(757)827-2923 Area Supervisor - Sara Seay Toll Free - (844)525-4171 2101 Executive Drive, Suite 200 Hampton, VA 23666

#### http://www.therapeuticinterventions.com/

Services: Individual outpatient counseling, therapeutic mentoring; Accredited for Therapeutic Day Treatment, intensive in-home, therapeutic foster care, and mental health skill building

# Therapy Associates of Denbigh, Inc.

757-874-1676

12725 McManus Blvd.

Newport News VA 23602

www.therapyassociatesofdenbigh.com

Services: Individual, family, group counseling for children, adolescents, and adults, medication management, and psychological testing

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## TPMG - Chessen Behavioral Health

757-595-3900

12420 Warwick Blvd. Bldg. 7, Ste. C

Newport News VA 23606

http://www.mytpmg.com/specialties-services/behavioral-health-and-counseling/chessenbehavioral-health/

Services: Individual, couples, family therapy; children through adults

## **Transitions Family Violence Services**

Main office: 757-722-2261 Children's services: 757-728-2638

24-hour hotline: 757-723-7774

Hampton VA

www.transitionsfvs.org

Children's Services (Formerly "Protect Our Kids") for kids who have witnessed violence. Call 757-728-2639 x506 for specific information. Can also call the 24hour hotline for information and service referrals: 757-723-7774 www.transitionsfvs.org/protectourkids/index.html

#### Viola Vaughan-Eden Child & Family Resources

Viola Vaughan-Eden, Ph.D., M.J., LCSW 757-594-6011

11815 Fountain Way, Ste. 300

Newport News VA 23606

http://www.violavaughaneden.com/menupage.asp#

Services: Therapy for children, adolescents, and their families, specializing in clinical services for children and parents of children who are victims of trauma; collaborative divorce support

#### Virginia Department of Behavioral Health & Developmental Services

http://www.dbhds.virginia.gov/

#### Virginia Psychological Services PLC

757-873-4744

732 Thimble Shoals Blvd. Ste. 705K Newport News VA 23606 (No website)

# **World Outreach Worship Center**

757-874-1223 1233 Shields Rd. Newport News VA 23608 http://www.wowcenter.org/

Services: Offers support groups, including grief, marriage, divorce, and substance abuse. **Benevolence Ministry** also offers a food pantry, financial counseling, and other services <a href="http://www.wowcenter.org/index.php/ministries/benevoleng">http://www.wowcenter.org/index.php/ministries/benevoleng</a>
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#### **Cultural Specializations**

# African-American Mental Health Therapists

**Tara Hazzard-Patterson-** Betty Eastman & Associates 757-868-0072 360-C Wythe Creek Rd Poquoson VA 23662

http://www.bettyeastman.com/free-newsletter-and-ebook/tara-hazzard-patterson-lpc/ Services: Child, adolescent, adult therapy, marriage, and couples counseling

# **Draa S. Thompson and Associates**

757-898-9025

7621 George Washington Memorial Highway, Ste. C Yorktown VA 23692

101Rtown 111 25072

http://draathompsonandassociates.com/

*Services:* Individual and family therapy, specializing in family issues (divorce, custody, co-parenting), adolescent court issues, depression, trauma, and chronic pain

#### Serenity, Courage & Wisdom Counseling Services

Ameka Lee-Graham, LCSW 757-778-3012 2211 Todds Lane Hampton VA 23666 ameka@serenitycouragewisdomo

ameka@serenitycouragewisdomcounseling.com

*Services:* Counseling services for individuals, couples, and families regarding issues to include family conflict, anger management, and domestic violence, sexual identity, grief, career counseling, etc.

## Viola Vaughan-Eden, PhD, MJ, LCSW Child & Family Resources

757-594-6011 11815 Fountain Way, Ste. 300 Newport News VA 23606

#### http://www.violavaughaneden.com/menupage.asp#

*Services:* Therapy for children, adolescents, and their families, specializing in clinical services for children and parents of children who are victims of trauma; collaborative divorce support

**Bilingual Therapists** (English/Spanish)

**Center for Child & Family Services** 

757-838-1960

2021 Cunningham Dr. Ste. 400

Hampton VA 23666

www.kidsandfamilies.com

*Services of note:* Safe Harbor-supervised visitation center, *Latino Outreach*, Peaceful Choices (domestic violence intervention, shoplifting prevention, anger management), & financial counseling.

Nayda Flores, PhD - \*Contact at Therapy Associates of Denbigh, 757-874-1676

**Bilingual Dentist** (English/Spanish) – Kool Smiles, 757-827-KOOL

www.koolsmilespc.com

<u>Latino Outreach</u> – Center for Child and Family Services, 757-838-1960 www.kidsandfamilies.com

#### Asian Issues

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Angelina Guazon, MD - \*See Christian Psychotherapy, 757-873-0735 www.christianpsychotherapy.com

## Housing/Rent/Food/ Clothing Assistance

City of Newport News Shelters & More – Resource Guide for the Homeless http://www.nnhomeless.org/shelters/

United Way FIRST CALL Information & Referral

757-594-4636

http://www.uwvp.org/first-call

#### **Food**

Five Loaves Food Pantry (Olivet Christian Church)

757-877-1159

14425 Old Courthouse Way

Newport News, VA 23608

http://www.fiveloavesfoodpantry.org/home.html

Foodbank of the Virginia Peninsula

757-596-7188 2401 Aluminum Avenue Hampton, VA 23661 http://www.hrfoodbank.org/

# World Outreach Worship (WOW)

757-234-4441

http://www.wowcenter.org/#

Services: Food distribution from the church & warehouse on Industrial Park Dr.

Distribution schedule varies.

# **Clothing**

#### Children's Clothes Closet

757-244-6121-- by appointment only

2708 Chestnut Avenue

Newport News VA 23607

Services: Provides clothing, primarily to school age children, for families in need.

# **Housing**

# Housing Crisis Hotline

(757) 587-4202

#### Malachi House

757-871-0982

http://malachihouseinternational.org/

Services: Provides help with emergency housing

# Menchville House

757-833-5980

In the event of a housing crisis, call 1-866-750-4431

www.menchvillehouse.com

Services: Shelter for women and children in transition

#### Office of Human Affairs

Housing Office 757-247-6747 392 Maple Avenue Newport News VA 23607 http://www.ohainc.org/

#### Oxford House

757-292-3249

www.oxfordhouse.org

Services: Provides housing for persons in recovery

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#### Peninsula Rescue Mission

757-380-6909

http://www.prm.info/

Services: Homeless shelter, pantry, summer program for needy children

#### PORT (winter shelter) (through Project LINK)

757-595-1593

http://www.linkhr.org/programs/winter-service

# Redevelopment & Housing Authority

757-928-2620 227 27th St., P.O. Box 797 Newport News VA 23607 www.nnrha.com

## **Multiple Resources**

#### Our Lady of Mount Carmel Catholic Church

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757-926-4830 (Call only during the hours listed below)

100 Harpersville Road

Newport News VA 23601

Social/Outreach Ministry - Monday, Wednesday, Thursday 12:00 – 2:00p.m.

Tuesday & Friday 9:00 a.m. – 11:00a.m (Newport News residents only)

http://www.olmc.org/

#### The Salvation Army

757-838-4875

1033 Big Bethel Road

Hampton VA 23666

http://virginiasalvationarmy.org/hamptonva/

Emergency assistance: http://virginiasalvationarmy.org/hamptonva/holiday-

 $\underline{programs/emergency-assistance/}$ 

Food Pantry: daily 9:00am-3:00pm

Thanksgiving Community Dinner, Angel Tree, and Christmas Assistance Programs

Emergency Shelter for Homeless & Veteran Housing Assistance: 838-4875 X111

*Utility Assistance:* through Energy Share emergency assistance program (Required list of documents for energy assistance meeting:

http://virginiasalvationarmy.org/hamptonva/files/2013/10/What-to-bring-to-your-appt.lw10-10-13-revised-final1.pdf) Do Not Bring Children.

appt.:w10-10-13-tevised-imari.pur/ Do Not Bring Cinidicii.

*THRIVE Peninsula* (formerly **DUCO** – Denbigh United Christian Outreach) 757-877-6211

13193 Warwick Blvd., Ste. 100 Newport News VA 23602

Hours: Monday through Thursday 12:00-5:00

Pantry Hours: M-Th 1:00-3:00 http://thrivepeninsula.org/

#### **William Rattley Road Ahead Center**

757-245-6098

2907 Jefferson Ave.

Newport News VA 23607

Services: Emergency Pantry only - must go through United Way First Call (757) 594-

4636

#### **Medical Services**

# Angel Wheels to Healing (formerly *Angel Bus*)

800-768-0238

http://angelwheels.org/

*Services:* Provides long-distance non-emergency transportation for people with medical needs.

#### Care-A-Van

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757-889-CARE (2273)

https://bonsecours.com/hampton-roads/our-services/care-a-van

Services: Routine evaluation and treatment of common acute illnesses, sports physicals, and health education. (\*Alternates Newport News visits between Mary Immaculate Community Education & Resource Center, the First Baptist Church Denbigh, 3628 Campbell Rd., and Our Lady of Mount Carmel Catholic Church, 144 Harpersville Rd.)

# Children's Health Programs – (through the Peninsula Health District)

757-594-7311 or the school

nurse http://www.vdh.virginia.gov/LHD/peninsula/healthychildren.htm

Services: Include Childhood Obesity Prevention Program, Child Safety and Injury Prevention Program, Child Care Health Consultant Program, Dental Health Education Program, Asthma Education Program (The latter is a partnership between NNPS & Peninsula Health District)

# **Community Free Clinic of Newport News**

757-594-4060

727 25<sup>th</sup> Street

Newport News VA 23607

http://cfcnn.org/

Medical appointments on Tuesdays & Thursdays from 3:30-8:00

Dental appointments on Saturdays

**Dentists** (who work with children, including those with special needs)

**Kool Smiles** 

757-847-9041 14346 Warwick Blvd Newport News VA 23602 www.koolsmilespc.com 757-251-0517 2165 Cunningham Dr. Hampton VA 23666

Hablamos Espanol; accepts FAMIS & Tricare

Coliseum Pediatric Dentistry (& Orthodontics) 757-838-0800 2113 Hartford Rd. Hampton VA 23666 http://coliseumpeddental.com/

#### Peninsula Pediatric Dentistry & Orthodontics

757-240-5711 220 Nat Turner Blvd. Newport News VA 23606 www.penpediatricdental.com/

#### **HELP Dental Clinic**

757-727-2577 1325 LaSalle Ave. Hampton VA 23666,

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*Services:* Dental services for those with NO insurance. Initial visit is \$125. Serves Hampton & Newport News

## **Smiles for Children Medicaid Program**

*Services:* Provides FREE braces to clients ages 20 and under with severe malocclusion. Medicaid approval required.

Local Participant:

**Dr. L.P. Graham, DDS- Family Dentistry** 757-886-9169 15410 Warwick Blvd. Newport News, VA 23608

**FAMIS** – (Family Access to Medical Insurance Security plan) – 1-866-873-2647 http://famis.org/

**FAMIS Select** – 1-888-802-KIDS; premium payment assistance for FAMIS families

<u>Find a Free Clinic</u> (Not sure how often or well this is updated, and it's a rather tedious search, but it might help lead to other resources.) Lists free clinics throughout the state of Virginia.

http://www.vafreeclinics.org/virginia-free-clinics.asp#3

**HELP** (Hampton Roads Ecumenical Lodgings & Provisions) 757-727-2577

1320 LaSalle Ave.

Hampton 23666

http://www.helpushelpu.org/

*Services:* Assisting the homeless and those in crisis by providing shelter, food, financial assistance, medical and dental care. Serving Hampton & Newport News.

**Lackey Free Clinic** 

757-886-0608 Email: info@lackeyhealthcare.org

1620 Old Williamsburg Rd.

Yorktown VA 23690

http://lackeyclinic.org/

Services: For adults - Faith-based; provides free health care (including prescriptions) and counseling for the medically disadvantaged.

# **Partnership for Prescription Assistance (PPA)**

1-888-4PPA-NOW (1-888-477-2669)

http://www.pparx.org/

Services: Prescription assistance for those who do not have prescription coverage and cannot afford their medications

Hablamos Espanol

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**Peninsula Health Center** (formerly known as the *Peninsula Health Department*)

757-594-7305 757-247-2184

Peninsula Health Center East End Facility WIC Clinic

416 J Clyde Morris Blvd. 1033 28th Street

Newport News VA 23601 Newport News VA 23607

http://www.vdh.virginia.gov/LHD/peninsula/

#### **Pfizer Pfriends**

1-866-706-2400

www.pfizerhelpfulanswers.com

Services: Prescription assistance program

# **Peninsula Institute for Community Health (PICH)**

www.pich.org

Stoneybrook

15425-H Warwick Blvd.

NN, VA 23606

757-874-8400

**East End Physicians** 

1033 28<sup>th</sup> Street

NN, VA. 23607

757-952-2160

**Community Dental Services** 

1033 28<sup>th</sup> Street (1<sup>st</sup> floor)

48<sup>th</sup> Street Physicians

4714 Marshall Avenue

NN, VA 23607

757-380-8709

Victoria Blvd. Physicians

3130 Victoria Blvd.

Hampton VA 23661

757-952-0180

NN, VA. 23607 757-928-3810

#### **Riverside Home Care Services**

757-594-5600 1-888-594-5600 856 J. Clyde Morris Blvd. - Suite C Newport News VA 23601 www.riversideonline.com/homecare

#### Riverside PACE

757-234-8100 757-251-7977 Newport News Hampton

www.riversideonline.com/pace

Services: All inclusive care for the elderly

#### **VISION & HEARING RESOURCES**

**Hearing Aids** – (*Starkey Hearing Foundation*)

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866-354-3254, Email: <u>info@starkeyfoundation.org</u> https://www.starkeyhearingfoundation.org/Hear-Now

Services: Hearing aid assistance for people with NO other resources

I Can Connect – Virginia (National Deaf-Blind Equipment Distribution program)

800-825-4595

**VDDHH** 

1602 Rolling Hills Drive, Suite 203

Henrico VA 23229-5012

http://www.icanconnectvirginia.org/

#### Lions Club - Conservation of Hearing and Sight

http://www.nnlions.com/

Services: Provides eyeglasses, hearing aids, medical and surgical care, and other specific medical services dealing with sight and hearing for eligible individuals

# **Sight for Students**

www.sightforstudents.org/

Services: Provides free vision exams and glasses to low-income, uninsured children.

#### **Resources for Individuals with Disabilities**

(For ARC of the Peninsula, see it under its new name, VersAbility, below.)

#### **Autism Resources**

VA Autism Council - www.autismtrainingva.org

Commonwealth Autism - www.autismva.org, 804-355-0300

# **Autism Teaching Strategies**

Free social skills downloads: <a href="http://autismteachingstrategies.com/free-social-skills-downloads-2/">http://autismteachingstrategies.com/free-social-skills-downloads-2/</a>

#### **Depression & Bipolar Support Alliance**

http://www.dbsalliance.org/site/PageServer?pagename=home

# Little League Team for children with special needs

Email: <u>KimCat74@gmail.com</u> (Kim Catalano, program director) <a href="http://www.eteamz.com/vad7challenger/">http://www.eteamz.com/vad7challenger/</a>

#### **National Alliance on Mental Illness (NAMI)**

http://www.nami.org/

# **Training & Technical Assistance Centers (T/TAC)**

www.ttaconline.org

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## TTAC/College of William & Mary School of Education

http://education.wm.edu/centers/ttac/

Organization located at different sites throughout the state that provides a variety of services to educational professionals to help them in their work with students with mild/moderate disabilities.

## **VersAbility Resources** (formerly *ARC of the Peninsula*)

757-896-6461 2520 58<sup>th</sup> St. Hampton VA 23661 http://versability.org/

# **Parent Resources**

# **Healthy Families Partnership**

757-727-1300 100 Old Hampton Ln. Hampton VA 23669

http://www.hampton.va.us/healthyfamilies/

*Programs of note:* Classes for parents of newborns, playgroups, STEP classes (Systematic Training for Effective Parenting), 123 Magic, parenting programs, bilingual programs (for Hispanic families), programs for fathers. *Some programs are for Hampton residents only; most are open to residents from Newport News*.

## Peninsula Reads

757-283-5776 757-727-1097 11832 Fishing Pt. Dr., Ste. 200 4207 Victoria Blvd. Newport News VA 23606

Hampton VA 23669

http://peninsulareads.com/

Services: Teaching literacy skills to adults

# **Kids Priority One** – local resources for children

757-244-5373

www.kidspriorityone.org

# **Support for Military Families**

# Air Force Aid Society

757-764-3990 Arlington Headquarters 703-972-2650 www.afas.org

# **Joint Base Langley Eustis**

http://new.jbleforcesupport.com/

# Joint Base Langley Eustis Exceptional Family Mombon Drogson

757-878-1954 757-878-2399

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http://new.jbleforcesupport.com/acs-exceptional-family-member-program/

## Joint Base Langley Eustis School Liaison -

757-878-3514

http://new.jbleforcesupport.com/fort-eustis-school-liaison/

#### Joint Base Langley-Ft. Eustis Youth Programs

757-225-2605/2606

http://new.jbleforcesupport.com/ -- Click on "Family" tab, then "Fort Eustis", then scroll options

#### **Military Onesource**

1-800-342-9647

Services: Various types of assistance to military families, including confidential

counseling

http://www.militaryonesource.mil/

Military Crisis Line: 1(800)273-8255

DOD Safe Helpline/ Sexual Assault Support: 1-877-995-5247

#### Navy - Fleet & Family Service Centers

Services: Serving all branches of the military – Counseling for clinical, financial, educational, employment transitioning, life skills, new parent support issues and more. Newport News office:

Yorktown Naval Weapons Station office:

757-688-6289 757-887-4606 EFMP Liaison: Lesia Howard 2600 Washington Avenue Newport News, VA 23607

1949 Von Steuben Drive, NN 23603 Newport News VA 23603

## **Operation Homefront**

(703) 421-9033 (800) 779-5903 Email: midatlantic@operationhomefront.net http://www.operationhomefront.net/

# **State/City Resources**

## **Insurance information** for Virginians

http://www.vhcf.org/

# **NN Department of Human Services**

Main Office Denbigh satellite office 757-926-6300 757-369-3160 6060 Jefferson Ave. 368 DeShazor Dr. Newport News VA 23605 Newport News VA 23608

http://www.nngov.com/238/Human-Services -- Click on the "financial services" link for info on assistance and to find referral forms.

#### South Morrison Family Education Center

757-369-6839 746 Adams Dr. Newport News VA 23601

# NN Department of Parks & Recreation

757-926-1400

http://www.nnparks.com/

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# **Before and After School Youth Program**

https://www.nngov.com/1006/Youth-Programs

# NN Juvenile Services

757-926-1600

http://www.nngov.com/juvenile-services

# Youth Development/ Gang Violence Prevention

757-926-3678 2400 Washington Ave. 10th Floor Newport News VA 23607

http://www.nnva.gov/1907/Youth-Gang-Violence-Prevention

Targeted Outreach Youth Program "TOP" - Gang prevention and mentorship program

757-369-6808 Email: TOP@nngov.com

# Office of Human Affairs – Hampton Roads

Administrative Offices/Children's Services/

Community Services

2410 Wickham Ave.

Newport News VA 23607

757-247-0379

http://www.ohainc.org/

#### **Head Start**

610 Hampton Ave. Newport News VA 23607 757-246-9170

# **Social Security Administration**

1-800-772-1213 (TTY 1-800-325-0778).

http://ssa.gov/

Newport News

757-873-3914

11706 Jefferson Ave. 23602

http://socialsecurityhop.com/offices/social-security-office-newport-news-va-

23605-virginia

## Virginia Commission on Youth

804-371-2484 Email: coymail@vcoy.virginia.gov

General Assembly Building 201 N. 9th Street, Suite 269

Richmond VA 23219

http://vcoy.virginia.gov/

## **OTHER RESOURCES**

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# **Adult & Continuing Education (NNPS)**

Denbigh Learning Center: 757-283-7830

South Morrison Learning Center: 757-928-6765 Magruder Elementary School: 757-928-6838 An Achievable Dream Academy: 757-928-6827

http://sbo.nn.k12.va.us/adult-ed/

# **American Red Cross, Hampton Roads Chapter**

757-838-7320

1323 W Pembroke Avenue

Hampton VA 23661

http://www.hrredcross.org/

# Big Brothers/Big Sisters of the Greater VA Peninsula

757-369-6824

Satellite Office: South Morrison Family Education Center

746 Adams Drive, Room 10 Newport News VA 23601 www.bigs4kids.org

#### **211 Call Center** – Information & Referral Source

Dial 2-1-1 or call 1(800) 230-6977

#### **Crisis Contact Information** (local list provided by W&M)

http://education.wm.edu/centers/newhorizons/resources/crisiscontact/index.php

## C. Waldo Scott Center for HOPE

757-224-9223 3100 Wickham Ave. Newport News VA 23607 http://scottcenter.org/

**FIRST CALL**--- United Way of the Virginia Peninsula's Information and Referral Line 757-594-4636 <u>Must call First Call if you need a referral for food</u> <a href="http://www.uwvp.org/first-call">http://www.uwvp.org/first-call</a>

# **Hampton Roads Good Samaritan Fund**

757-739-8094

P.O. BOX 6281

Newport News VA 23606

This fund runs on donations from compassionate citizens to help get those who have fallen on hard times to get back on stable ground.

http://www.hrgoodsamaritan.org/about.html

*Services:* Assists with financial shortfalls, including but not limited to power bills, rental assistance, medical co-pays, emergency medications, car repairs, food, and clothing.

## **Insight Enterprises Inc. – Peninsula Center for Independent Living**

757-827-0275

2021A Cunningham Dr.

Hampton VA 23666

http://www.hvacil.org

Services: Housing assistance, advocacy, and independent living counseling and education

#### **LINK of Hampton Roads**

757-595-1953

10413 Warwick Boulevard

Newport News VA 23601

http://www.linkhr.org/

Services: Offers assistance through education, direct services, advocacy and outreach programs

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#### **Peninsula Rescue Mission**

757-380-6909 Email: reachus@prm.info

www.prm.info

# Planned Parenthood of Southeastern Virginia

757-826-2079 403 Yale Drive Hampton VA. 23666

https://www.plannedparenthood.org/planned-parenthood-virginia-league

#### **Project HOPE**

757-221-4002/1-877-455-3412

http://education.wm.edu/centers/hope/index.php

Services: Assist homeless children in maintaining school attendance and participation.

#### **Seton Youth Shelters**

757-963-5795 24 hour helpline 757-498- HELP

http://setonyouthshelters.org/

Services: Provides emergency shelters for runaways/ children in crisis (ages 9-17. Some exceptions for 18 year olds), street outreach, and counseling for youth, all free of charge. The <u>Mentoring Children of Prisoners Program</u> matches youths, ages 4-18, with trained adult mentors, who meet with the youths on a weekly basis. <a href="http://setonyouthshelters.org/what-we-do/mentoring/">http://setonyouthshelters.org/what-we-do/mentoring/</a>

#### The UP Center

757-354-3819

Offices in Norfolk, Portsmouth, and Suffolk

www.theupcenter.org

Services: Counseling, foster care, assistance for people with disabilities

## United Way of the Virginia Peninsula

757-873-9328 739 Thimble Shoals Boulevard, Suite 302 Newport News VA 23606 http://uwvp.org/index.php

YMCA (Newport News) 757-245-0047 7827 Warwick Blvd.

Newport News VA 23607

http://www.peninsulaymca.org/

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Services: Offers a variety of resources for all community members, including those in the military and those with special needs