**Breakfast Menu for March 2020**

This institution is an equal opportunity provider. Menu is subject to change.

**NNPS Elementary/Middle/New Horizons Breakfast Menu**

<table>
<thead>
<tr>
<th>Date</th>
<th>Item</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, March 2</td>
<td>Appleway Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Tuesday, March 3</td>
<td>Sausage on Bun</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Wednesday, March 4</td>
<td>Maple Mini Pancakes</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Thursday, March 5</td>
<td>Zee Zee’s Breakfast Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Friday, March 6</td>
<td>Cinnamon Cream Cheese Bagel</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Monday, March 9</td>
<td>Banana Bread</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Tuesday, March 10</td>
<td>Sausage N’Pancake Stick*</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Wednesday, March 11</td>
<td>Raspberry Crème Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Thursday, March 12</td>
<td>Blueberry Mini Pancakes</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Friday, March 13</td>
<td>Breakfast Benefit Bars</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Monday, March 16</td>
<td>Appleway Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Tuesday, March 17</td>
<td>Sausage on Bun</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Wednesday, March 18</td>
<td>Maple Mini Pancakes</td>
<td>Juice-Fruit-Milk</td>
</tr>
<tr>
<td>Thursday, March 19</td>
<td>Zee Zee’s Breakfast Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Friday, March 20</td>
<td>Cinnamon Cream Cheese Bagel</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Monday, March 23</td>
<td>Banana Bread</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Tuesday, March 24</td>
<td>Sausage N’Pancake Stick*</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Wednesday, March 25</td>
<td>Raspberry Crème Bar</td>
<td>Juice-Fruit-Milk</td>
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<tr>
<td>Thursday, March 26</td>
<td>Blueberry Mini Pancakes</td>
<td>Juice-Fruit-Milk</td>
</tr>
<tr>
<td>Friday, March 27</td>
<td>Breakfast Benefit Bars</td>
<td>Juice-Fruit-Milk</td>
</tr>
<tr>
<td>Monday, March 30</td>
<td>Appleway Bar</td>
<td>Juice-Fruit-Milk</td>
</tr>
<tr>
<td>Tuesday, March 31</td>
<td>Sausage on Bun</td>
<td>Juice-Fruit-Milk</td>
</tr>
</tbody>
</table>

Choose at least one serving of fruit and at least three items total to your meal counts as a complete breakfast.

Enjoy your breakfast!
Menus for March 2020

Newport News Public Schools
Aviation/Enterprise/New Horizons Menu

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Menus are subject to change.

Available Daily

PB&J Uncrustable
Deli Subs and Wraps
Yogurt Parfaits
Baby Carrots
Apple Slices
1 cup of Garden Salad
Yogurt, String Cheese & Cheez-its
Fat Free Chocolate, Strawberry,
White Skim Milk and 1% White Milk
Juice

*Menu item contains pork
Students may take 2 Vegetables & 2 Fruits

Monday, March 2
Teriyaki Chicken Bowl, w/Roll,
Pizza Quesadilla,
Brocoli, Green Beans,
Pineapple Chunks, Fresh Fruit

Tuesday, March 3
Uno Pizza,
Spaghetti w/Meat Sauce & Roll
Corn, Spinach,
Applesauce, Fresh Fruit

Wednesday, March 4
Chicken Patty on Bun,
Walking Nachos w/Chili & Cheese
Fiesta Black Beans, Butternut Squash
Diced Pears, Fresh Fruit

Thursday, March 5
Breaded Chicken w/Roll
Cheese Stuffed Bread Sticks,
Potatoes Au Gratin, Cherry Tomatoes,
Peaches, Fresh Fruit

Friday, March 6
1/2 Day Dismissal/Grab & Go Lunch
Turkey & Cheese Wedge Sandwich
Baby Carrots, Fruitable Plus Juice
Apple Slices, Mandarin Oranges, Milk

Monday, March 9
Meat Lovers Pizza,
Steak & Cheese Sub w/Peppers & Onions
Broccoli, Sweet Potatoes,
Sliced Peaches, Fresh Fruit

Tuesday, March 10
Pizza Calzone,
Popcorn Chicken Bowl w/Roll
Mashed Potatoes w/Gravy, Corn,
Applesauce, Fresh Fruit

SALAD CHOICE OF THE DAY

Monday
Chef Salad w/Garlic Knot*

Tuesday
Country Chicken Salad w/Crackers

Wednesday
Southwestern Chicken Salad w/Corn Bread Muffin

Thursday
BLT Salad w/Garlic Knot*

Friday
Country Chicken Salad w/Crackers

* May Contain Pork

T
he Declaration of Independence was written in 1776
by a committee of the Continental Congress that had
three members: Ben Franklin, John Adams, and
Thomas Jefferson. Franklin was already 70 at the
time and would live another 14
years. Adams and Jefferson
were younger men, and each
would go on to become President
of the United
States – and they
also became
bitter political rivals in the young republic. In later life, they
would become friends again and correspond for many years.
Amazingly, Adams and Jefferson died on the same day, and,
even more amazingly, that day was July 4, 1826 – exactly
50 years to the day from the signing of their Declaration.

WITH LIBERTY & JUSTICE FOR ALL ♠
Tuesday, March 24
Uno Pizza, Spaghetti w/Meat Sauce & Roll, Corn, Spinach, Applesauce, Fresh Fruit

Wednesday, March 25
Chicken Patty on Bun, Walking Nachos w/Chili & Cheese, Fiesta Black Beans, Butternut Squash, Diced Pears, Fresh Fruit

Thursday, March 26
Breaded Chicken w/Roll, Cheese Stuffed Bread Sticks, Potatoes Au Gratin, Cherry Tomatoes, Peaches, Fresh Fruit

Friday, March 27
Bar-B-Que on Bun*, Chicken & Waffles, Cole Slaw, French Fries, Mixed Fruit Cup, Fresh Fruit

Monday, March 30
Meat Lovers Pizza, Steak & Cheese Sub w/Peppers & Onions, Broccoli, Sweet Potatoes, Sliced Peaches, Fresh Fruit

Tuesday, March 31
Pizza Calzone, Popcorn Chicken Bowl w/Roll, Mashed Potatoes w/Gravy, Corn, Applesauce, Fresh Fruit