



MENUS FOR JUNE 2017

Newport News Public Schools Lee Hall Early Childhood

This institution is an equal opportunity provider. Menus are subject to change.

Thursday, June 1

Breakfast

Sausage Biscuit
Juice or Fruit-Milk

Lunch

Macaroni & Cheese w/Fish Sticks
Green Beans
Fresh Fruit
Milk

Friday, June 2

Breakfast

Cinnamon Cream Cheese Bagel
Juice or Fruit-Milk

Lunch

Chicken Patty on Bun
French Fries
Diced Pears
Milk

NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

Monday, June 5

Breakfast

Banana Bread
Juice or Fruit-Milk

Lunch

Hamburger/Cheeseburger on Bun
Green Peas
Fresh Fruit
Milk

Tuesday, June 6

Breakfast

Sausage N Pancake on Stick*
Juice or Fruit-Milk

Lunch

Nachos w/Chili and Cheese
Collard Greens
Applesauce
Milk

Wednesday, June 7

Breakfast

UBR Breakfast Round
Juice or Fruit-Milk

Lunch

Garlic Cheesy Bread
Sweet Potatoes
Fresh Fruit
Milk

Thursday, June 8

Breakfast

Chicken Biscuit
Juice or Fruit-Milk

Lunch

Breakfast for Lunch*
Potato Rounds
Spiced Apples
Milk

Friday, June 9

Breakfast

Breakfast Benefit Bar
Juice or Fruit-Milk

Lunch

Pizza*
Broccoli
Fresh Fruit
Milk

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Monday, June 12

Breakfast

Donut
Juice or Fruit-Milk

Lunch

Hot Dog on Bun
Baked Beans
Fruit Cup
Milk

Tuesday, June 13

Breakfast

Appleway Bar
Juice or Fruit-Milk

Lunch

Corndog Nuggets
Spinach
Fresh Fruit
Milk

Wednesday, June 14

Breakfast

Entrée-Manager Choice
Juice or Fruit-Milk

Lunch

Manager's Choice

Thursday, June 15

Breakfast

Entrée-Manager Choice
Juice or Fruit-Milk

Lunch

Manager's Choice

