



**Newport
News
Public
Schools
Early
Childhood
Centers**

This institution is an equal opportunity provider. Menus are subject to change.

MENUS FOR JUNE 2017

Thursday, June 1

Breakfast
Sausage Biscuit
Juice or Fruit-Milk

Lunch
Hot Dog on Bun
Baked Beans
Pineapple Chunks
Milk

Friday, June 2

Breakfast
Cinnamon Cream Cheese Bagel
Juice or Fruit-Milk

Lunch
Chicken Patty on Bun
French Fries
Fresh Fruit
Milk

NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, June 5

Breakfast
Banana Bread
Juice or Fruit-Milk

Lunch
Hamburger/Cheeseburger on Bun
Potato Rounds
Fresh Fruit
Milk

Tuesday, June 6

Breakfast
Sausage N Pancake on Stick*
Juice or Fruit-Milk

Lunch
Nachos w/Chili and Cheese
Or
Fish Sticks
Broccoli
Applesauce
Milk

Wednesday, June 7

Breakfast
UBR Breakfast Round
Juice or Fruit-Milk

Lunch
Chicken Nuggets
Sweet Potatoes
Diced Pears
Milk

Thursday, June 8

Breakfast
Chicken Biscuit
Juice or Fruit-Milk

Lunch
Spaghetti w/Meat Sauce
Collard Greens
Fresh Fruit
Milk

Friday, June 9

Breakfast
Breakfast Benefit Bar
Juice or Fruit-Milk

Lunch
Pizza*
Corn
Peaches
Milk

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881-5030**

Monday, June 12

Breakfast
Donut
Juice or Fruit-Milk

Lunch
Corn Dog Nuggets
Spinach
Fresh Fruit
Milk

Tuesday, June 13

Breakfast
Appleyway Bar
Juice or Fruit-Milk

Lunch
Yogurt & String Cheese &
Bug Bites
Garden Salad
Sliced Peaches
Milk

Wednesday, June 14

Breakfast
Entrée-Manager Choice
Juice or Fruit-Milk

Lunch
Manager's Choice

Thursday, June 15

Breakfast
Entrée-Manager Choice
Juice or Fruit-Milk

Lunch
Manager's Choice

