

Menus for June 2018



**Newport News
Public Schools
Early Childhood
Centers**

This institution is an equal opportunity provider. Menus are subject to change.

DON'T GET!
Take at least
ONE
FRUIT or
VEGGIE
and at least
THREE items total
so your meal
counts as a
complete lunch!

Friday, June 1

Breakfast

Cinnamon Cream Cheese Bagel
Juice-Fruit-Milk

Lunch

Chicken Patty on Bun
French Fries
Diced Pears
Milk

IN THE WEEDS?

If you spend anytime this summer hiking, walking, picnicking, exercising, or otherwise playing in tall grass or weedy, overgrown areas outside, be aware of the danger of tick bites. Use insect repellent, cover up with socks, a cap, and long pants if it's not too hot, and take a shower and check yourself carefully for ticks when you come back inside.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, June 4

Breakfast

Banana Bread
Juice-Fruit-Milk

Lunch

Hamburger/Cheeseburger on Bun
Potatoes Au Gratin
Fresh Fruit
Milk

Tuesday, June 5

Breakfast

Sausage N Pancake on Stick*
Juice-Fruit-Milk

Lunch

Nachos w/Chili & Cheese & Roll
Collard Greens
Applesauce
Milk

Wednesday, June 6

Breakfast

UBR Round
Juice-Fruit-Milk

Lunch

Chicken Nuggets
Corn
Diced Pears
Milk

Thursday, June 7

Breakfast

Chicken Biscuit
Juice-Fruit-Milk

Lunch

Chicken Patty on Bun
Sidewinder Fries
Fresh Fruit
Milk

Friday, June 8

Breakfast

Breakfast Benefit Bars
Juice-Fruit-Milk

Lunch

Pizza*
Broccoli
Fruit Cup
Milk

*It's good
to be the
King!*



**Father's
Day
June 17**

Monday, June 11

Breakfast

Appleway Bar
Juice-Fruit-Milk

Lunch

Hot Dog on Bun
Baked Beans
Fresh Fruit
Milk

Tuesday, June 12

Breakfast

Sausage Biscuit
Juice-Fruit-Milk

Lunch

Corndog Nuggets
Spinach
Applesauce
Milk

Wednesday, June 13

Breakfast

Mini Pancakes
Juice-Fruit-Milk

Lunch

Garlic Cheesy Bread
Sweet Potato Waffle Fries
Fresh Fruit
Milk

Thursday, June 14

Breakfast

Manager's Choice

Lunch

Manager's Choice

Friday, June 15



**No
School
Today**

THANKS!

WE'RE GLAD WE HAD THE CHANCE TO SERVE YOU THIS SCHOOL YEAR AND LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR. IF YOU'RE GRADUATING, CONGRATULATIONS AND GOOD LUCK -- WE'LL MISS YOU!

