



## **SCHOOL COUNSELING UPDATES**

School Counselors are available from 9:00 – 10:00 a.m. and 1:00 – 2:00 p.m. each weekday. They are also available from 8:00 a.m. – 3:00 p.m. for additional assistance on Wednesdays.

To read updates from the Virginia Department of Education, visit [http://www.doe.virginia.gov/support/health\\_medical/office/covid-19-faq.shtml](http://www.doe.virginia.gov/support/health_medical/office/covid-19-faq.shtml)

## **HIGH SCHOOL INFORMATION**

### **Transcripts**

Transcripts are being sent to students directly and to colleges/college admission representatives upon request. Students may contact their school counselor for more information about transcripts.

### **Schedules**

Students are encouraged to contact their school counselor if they have any questions about their schedule for the 2020-2021 school year.

### **Scholarships**

The NNPS Scholarship Bulletin is available [online](#). Students also have access to scholarship information through Google classroom and email. If students have additional questions or need help, they may contact their school counselor or college and career specialist. Parents/guardians are notified about scholarships through the Living Tree and Blackboard communication systems.

### **College Applications**

Counselors are meeting with students via Zoom to help students complete college applications. Students may contact their counselor for assistance.

### **SAT/ACT**

To keep students safe, and in alignment with public health guidance and school closures, the College Board will not be able to administer the SAT or SAT Subject Tests on June 6, 2020. If it's

safe from a public health standpoint, the College Board will provide weekend SAT administrations every month through the end of the calendar year, beginning in August. This includes a new administration on September 26 and the previously scheduled tests on August 29, October 3, November 7, and December 5.

Students can register for these administrations starting in May. The College Board will contact students directly during the week of May 26 to provide an exact date.

Students will be notified about the SAT via Google Classroom, email, and social media.

ACT has rescheduled its April 4 national test date to June 13 across the U.S. All students registered for the April 4 test received an email from ACT informing them of the postponement and instructions for free rescheduling to June 13 or a future national test date.

### **New Student Enrollment**

Registration is held on Wednesdays during school office hours by appointment only through the registrar. Parents/guardians may schedule an appointment by contacting the school office. Secondary counselors will provide schedules and follow up with teachers regarding new student enrollment. Additionally, schedules for 2020-2021 will be added.

### **Seniors & Juniors**

School counselor support is being provided through Google appointments, emails and phone calls. School counselors can provide information and assistance with college applications, scholarships, recommendation letters, time management tips, academic advising, stress management, and self-care. School counselors can also provide information about virtual college tours and conduct transcript audits with follow up communication with families. Students and families are kept informed through announcements posted in Living Tree, Blackboard, and Google classrooms.

### **Sophomores & Freshmen**

School counselor support is being provided through check-in surveys, Zoom conferences, emails and phone calls. School counselors can provide information and assistance with grade point options, Advanced Placement courses and transcript audits. Students and families are kept informed through announcements posted in Living Tree, Blackboard, and Google classrooms.

### **College & Career Specialist**

College and Career Specialists are following up with students to ensure they complete scholarship applications. They are also managing special scholarships through central administration (the School Counseling Director); Grandville Meade, Wayne D. Lett, Linda Z. Wensel, and Alliance for Youth scholarships, for example. College and Career Specialists ensure the Scholarship Bulletin is updated and the provide information to students through Google classroom.

### **Social/Emotional Support**

Social/Emotional Support is ongoing and a priority for all school counselors. Noted below are ways this is utilized:

- Collaboration with school psychologists and social workers
- Family updates with resource recommendations
- Sharing resource support with teachers
- Small group meetings on anxiety, stress, management
- Wellness check in with parents, providing resources
- Checking on students through parent contact
- Zoom meetings with teachers and parents
- Sharing resources with teachers on emotional support
- Follow up contacts based on parent and teacher recommendations
- Check in with students via Google classroom and Zoom
- Phone calls and follow up emails to families
- Small group meetings with Zoom and Google classroom
- Teaming in class sessions with teachers
- Counselor corner newsletter
- Providing students & families with tips & resources on wellness
- Following up with students whose teachers and administrators have addressed concerns
- Check-in's with social/emotional concerns
- Student Support Team Meetings (Child Studies, 504 meetings)
- Collaboration with student support specialists, school psychologists and social workers to support students

### **Secondary Naviance Program Opportunities**

Naviance Curriculum Lessons include 105 online, self-paced lessons that students can take covering topics such as financial literacy, college planning, career planning, success skills and self-discovery. Naviance Resource Guide highlights the grade-level activities for your student to complete online. Through a partnership with Kaplan, Naviance offers free SAT and Advanced Placement prep. Students may contact their counselors for more information about Naviance.

## NAVIANCE: COLLEGE AND CAREER ASSESSMENT

LOGGING INTO NAVIANCE THROUGH CLEVER: NNPS

<https://clever.com/in/newport-news-public-schools63880c7c30b000aaf>

STUDENT LOGIN INSTRUCTIONS

[https://drive.google.com/open?id=1TYyDR\\_JtOAN4zrGNNJeUu1mO7yc70Hjl](https://drive.google.com/open?id=1TYyDR_JtOAN4zrGNNJeUu1mO7yc70Hjl)

STUDENT REFERENCE GUIDES

<https://drive.google.com/open?id=1EBokVcc-gMRsgiso-aJWY-YyFZMUHJfV>

STUDENT VIDEOS

[https://drive.google.com/open?id=1VO2W\\_omT42T8VLqiQDAobAPjKEi6dAja](https://drive.google.com/open?id=1VO2W_omT42T8VLqiQDAobAPjKEi6dAja)

School Counselors have a routine schedule in supporting teachers, families and students.

### **Elementary School**

School counselor support is being provided through Student Support Team Meetings (Child Studies), Zoom meetings with teachers and students, student/parent calls, online group meetings, resources with families and teachers, collaboration with school psychologists and social workers, and career assessments.

### **Middle School**

School counselor support is being provided by creating Google classroom for small groups; career/college exploration through Naviance; attending online parent/teacher meetings; E-counseling via ZOOM and telephone; attending weekly faculty, grade level, and counseling team meetings; hosting Google classroom for each grade level; emailing parents and students, attending IEP, IDT and grade level meetings; and working with Wakelet and Google classroom to connect with students.

### **ESL Students**

School counselor support is being provided by calling students to check on them and check on computer access and connectivity, providing resources to families and supporting ESL teachers.

### **Students with Disabilities**

School counselor support is being provided through contact with case managers and teachers, and contact with parents and students.

## ELEMENTARY SCHOOL COUNSELORS RESOURCES FOR STUDENTS

### **Coronavirus Information for Kids**

This video explains the virus, the importance of washing hands and offers coping strategies if children feel worried. <https://m.youtube.com/watch?v=kiVpWZBXLug&feature=youtu.be>

### **Online Resources**

The following websites offer great resources for students and parents:

- Kahn Academy <https://www.khanacademy.org>
- VA Career View <https://vacareerview.org>
- Go Noodle <http://www.gonoodle.com>
- YouVisit (virtual college tours) <https://www.youvisit.com/collegesearch>
- Campus Tours <https://campustours.com>
- PBS Kids Feelings Games <https://pbskids.org/games/feelings>
- Amazing Educational Resources <http://www.amazingeducationalresources.com>
- Video/Activity Guides and Read-Alouds of Children's Books  
<http://www.storylineonline.net>
- Great Resources <http://www.scholastic.com/learnathome>

### **Free Subscriptions**

- <https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>

### **General Enrichment**

- Cincinnati Zoo: <http://cincinnati-zoo.org/news-releases/cincinnati-zoo-is-bringing-the-zoo-to-you/>
- "Totally the Bomb" has compiled a list of 33 National Parks offering a virtual tour: <https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home>
- Museums <http://learnincolor.com/museums-tour-online-for-free.html>
- 100 Activities To Do At Home During School Closures | Entertain Kids on a Dime Blog  
<https://entertainkidsonadime.com/2020/03/13/100-activities-to-do-at-home-during-school-closures/>

## **Videos about Persevering During Challenging Circumstances**

- <https://youtu.be/yDt-tfzi03c>
- <https://youtu.be/zLYECljmnQs>
- <https://youtu.be/yDt-tfzi03c>

## **Additional Activities**

150 + activities for kids: <https://docs.google.com/spreadsheets/d/1KCFnWreu4v7VoO3NbgP-Qcq2LyE1FvliYSoiTLRY7Qg/htmlview?usp=sharing&sle=true>

Educational free websites: [www.learnincolor.com](http://www.learnincolor.com)

### Academics

<https://mathantics.com/>

This is a fun interactive game about manners. This game also helps with math, students keep their own score with 5-point questions. <https://youtu.be/zt5btypr0WE>

## **SECONDARY SCHOOL COUNSELOR RESOURCES FOR STUDENTS**

### PROGRAM PLANNING/SCHEDULING

Please use link to view school counseling contact information:

<http://sbo.nn.k12.va.us/counseling/counselors.html>

### TRANSCRIPTS

For transcripts, please contact your school counselor. Click here for school counselor contact information: <http://sbo.nn.k12.va.us/counseling/counselors.html>



### SCHOLARSHIPS

Please click on list for scholarship information:



<http://sbo.nn.k12.va.us/counseling/financial.html>

# NAVIANCE Secondary Grade Level Assessments




## 6<sup>th</sup> Grade

Scope & Sequence Activity	Learning Objective(s)
<p><b>Introduction to Middle School</b> Complete Cluster Finder</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• learn what a career cluster is</li> <li>• become familiar with the 16 U.S. Department of Education career clusters</li> <li>• learn details about career clusters of interest</li> </ul>
<p><b>Career Exploration</b> Watch Roadtrip Nation Videos</p> <p>Task is marked complete when students complete a reflection survey</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• learn about leaders' pathways to their career goals</li> <li>• connect their Career Cluster interest to Roadtrip nation video</li> </ul>



## 7<sup>th</sup> Grade

Scope & Sequence Activity	Learning Objective(s)
<p><b>Introduction to Middle School</b> Complete Cluster Finder</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• learn what a career cluster is</li> <li>• become familiar with the 16 U.S. Department of Education career clusters</li> <li>• learn details about career clusters of interest</li> </ul>
<p><b>Planning for Success</b> Complete Do What You Are Assessment</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• Learn about their personality type and how it is related to their potential career pathways</li> <li>• Students will review a report that explains how their personality affects how they communicate and learn</li> </ul>

## 8th Grade



Scope & Sequence Activity	Learning Objective(s)
<p><b>Introduction to Middle School</b> Complete Cluster Finder</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• learn what a career cluster is</li> <li>• become familiar with the 16 U.S. Department of Education career clusters</li> <li>• learn details about career clusters of interest</li> </ul>
<p><b>Planning for Success</b> Complete Learning Styles Inventory Assessment</p>  	<p>Students will:</p> <ul style="list-style-type: none"> <li>• Learn about their learning styles and how it relates to their academic goals</li> <li>• Students will review a report that explains how their learning styles affects how they gather knowledge</li> </ul>

## 9th Grade



Scope & Sequence Activity	Learning Objective(s)
<p><b>Career Exploration</b> Complete Career Interest Profiler Add at least 2 careers to favorite list</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• deepen their knowledge about career interests</li> <li>• explore careers and colleges that match career interest</li> </ul>
<p><b>Planning for Success</b> Complete Strengths Explorer Assessment</p> 	<p>Students will:</p> <ul style="list-style-type: none"> <li>• Explore their strengths and how they related to potential career pathways</li> </ul>






## 10th Grade

Scope & Sequence Activity	Learning Objective(s)
<p style="text-align: center;"><b>Career Exploration</b></p> <p>Complete Career Interest Profiler Add at least 2 careers to favorite list</p> <div style="text-align: center;">  </div>	<p>Students will:</p> <ul style="list-style-type: none"> <li>• deepen their knowledge about career interests</li> <li>• explore careers and colleges that match career interest</li> </ul>
<p style="text-align: center;"><b>Post- Secondary Exploration</b></p> <p>Complete SuperMatch College Search Add colleges of interest to 'Colleges I'm Thinking About' list</p> <div style="text-align: center;">  </div>	<p>Students will:</p> <ul style="list-style-type: none"> <li>• find the best postsecondary fit</li> <li>• become aware of the costs of postsecondary institutions</li> <li>• review important details about colleges of interest (admissions requirements, majors, school culture, etc.)</li> </ul>

## 11th Grade

Scope & Sequence Activity	Learning Objective(s)
<p style="text-align: center;"><b>Career Exploration</b></p> <p>Complete Career Interest Profiler Add at least 2 careers to favorite list</p> <div style="text-align: center;">  </div>	<p>Students will:</p> <ul style="list-style-type: none"> <li>• deepen their knowledge about career interests</li> <li>• explore careers and colleges that match career interest</li> </ul>
<p style="text-align: center;"><b>Post- Secondary Exploration</b></p> <p>Complete SuperMatch College Search Add colleges of interest to 'Colleges I'm Thinking About' list Walk through college application process for next year</p> <div style="text-align: center;">  </div>	<p>Students will:</p> <ul style="list-style-type: none"> <li>• find the best postsecondary fit</li> <li>• become aware of the costs of postsecondary institutions</li> <li>• review important details about colleges of interest (admissions requirements, majors, school culture, etc.)</li> </ul>

## 12th Grade

Scope & Sequence Activity	Learning Objective(s)
<p><b>Career Exploration</b></p> <p>Complete Career Interest Profiler Add at least 2 careers to favorite list</p>  <p>The icon shows a blue square with a white border containing a stylized figure holding a magnifying glass over a document, with the text 'CAREER KNOWLEDGE' below.</p>	<p>Students will:</p> <ul style="list-style-type: none"><li>• deepen their knowledge about career interests</li><li>• explore careers and colleges that match career interest</li></ul>
<p><b>Postsecondary Planning</b></p> <p>Build Resume Senior Survey</p>   <p>The first icon shows a grey square with a white border containing a right-pointing arrow and the text 'TRANSITION SKILLS'. The second icon shows a teal square with a white border containing a graduation cap and the text 'COLLEGE KNOWLEDGE'.</p>	<p>Students will:</p> <ul style="list-style-type: none"><li>• Add content to their resume and download into a PDF or Word document</li><li>• Complete end of year survey via Naviance</li></ul>